

## Pain Episode Frequency and Severity Measure

Please respond to each question or statement by marking one box.

PainEpisodeQ1 In the past 12 months, how many sickle cell pain attacks (crises) days did you have? .....

- X I did not have a pain attack (crises) in the past 12 months
- 1 1
- 2 2
- 3 3
- 4 4 or more

PainEpisodeQ2 When was your last pain attack (crisis)? .....

- X I've never had a pain attack (crises)
- 1 More than 5 years ago
- 2 1-5 years ago
- 3 7-11 months ago
- 4 1-6 months ago
- 5 1-3 weeks ago
- 6 Less than a week ago
- 7 I have one right now

PainEpisodeQ3

Using any number from 0 to 10, where 0 is no pain and 10 is the worst pain imaginable, how severe was your pain during your last pain attack (crisis)?.....

- 0 No pain
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Worst pain imaginable
- X I've never had a pain attack (crisis)

PainEpisodeQ4

How much did your last pain attack (crisis) interfere with your life? .....

- X I've never had a pain attack (crisis)
- 1 Not at all, I did everything I usually do
- 2 I had to cut down on some things I usually do
- 3 I could not do most things I usually do
- 4 I could not take care of myself and needed some help from family or friends
- 5 I could not take care of myself and needed constant care from family, friends, doctors, or nurses

PainEpisodeQ5

About how long did your most recent pain attack (crisis) last?.....

- I've never had a pain attack (crisis)  
x
- Less than 1 hour  
1
- 1-12 hours  
2
- 13-23 hours  
3
- 1-3 days  
4
- 4-6 days  
5
- 1-2 weeks  
6
- More than 2 weeks  
7