PROMIS® Bank/Scale v2.0 - Pain Behavior

Please respond to each item by marking one box per row.

	In the past 7 days	Had no pain	Never	Rarely	Sometimes	Often	Always
PAINBE28r	When I was in pain I squirmed	□ x	1	2	3	4	5
PAINBE3r	When I was in pain I grimaced	T X	i	2	3	4	5
PAINBE35r	When I was in pain I groaned	□ x	1	2	3	4	5
PAINBE38r	When I was in pain I drew my knees up	x	1	2	3	4	5
PAINBE44r	When I was in pain I bit or pursed my lips	□ x	i	2	3	4	5
PAINBE4r	When I was in pain I took medication for the pain	x	1	2	3	4	5
PAINBE51r	When I was in pain I avoided physical contact with others	X	i	2	3	4	5
PAINBE5r	When I was in pain I talked about the pain	□ x	1	2	3	4	5

	In the past 7 days	Had no pain	Never	Rarely	Sometimes	Often	Always
PAINBE7r	When I was in pain I rubbed the site of the pain	□ x	1	2	3	4	5
PBNEW12	When I was in pain I used pillows or other objects to get more comfortable	T _X	1	2	3	4	5
PBNEW13	When I was in pain I changed how I breathe	T X	1	2	3	4	5
PBNEW14	When I was in pain I took breaks	T _X	1	2	3	4	5
PBNEW18	When I was in pain I told people I couldn't do my usual chores	T X	1	2	3	4	5
PBNEW2	When I was in pain it showed on my face	T _X	i	2	3	4	5
PBNEW21	When I was in pain I told people I couldn't do things with them	T X	1	2	3	4	5
PBNEW24	When I was in pain I asked for someone to help me	□ X	1	2	3	4	5

	In the past 7 days	Had no pain	Never	Rarely	Sometimes	Often	Always
PBNEW31	When I was in pain I stayed very still	□ x	1	2	3	4	5
PBNEW32	When I was in pain I lay down	□ x	1	2	3	4	5
PBNEW4	When I was in pain my muscles tensed up	X	<u> </u>	2	3	4	5
PBNEW7	When I was in pain I changed my posture	X	1	2	3	4	5